



Secret havens

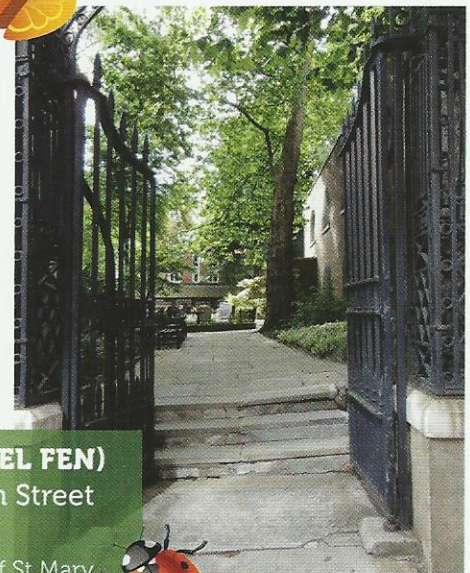
The City is a hive of activity during the working week, but with more than 150 parks, squares and green spaces in the Square Mile, tranquillity is just a short walk away. Here are a few highlights



POSTMAN'S PARK

Location: Little Britain/King Edward Street

One of the largest parks in the City, Postman's Park sits next to the former site of the General Post Office. It's home to George Frederic Watts' fascinating Memorial to Heroic Self Sacrifice. Watts, a late Victorian sculptor and artist, created the shrine to commemorate selfless heroic acts of ordinary people. Made by William De Morgan and Royal Doulton, around 40 tablets tell the compelling and heartbreaking stories of those who sacrificed their lives for others, such as servant Alice Ayres who died rescuing three of her employer's children from a house fire and Frederick Croft, who was killed by a train while saving a suicidal woman.



FEN COURT (ST GABRIEL FEN)

Location: Off Fenchurch Street

Fen Court is near to the site of St Mary Woolnoth Church, where the Reverend John Newton (writer of freedom hymn Amazing Grace) delivered powerful anti-slavery sermons to – among others – abolitionist William Wilberforce. Worth a visit to see the dramatic sculpture *Guilt of Cain*, which was created to mark the bicentenary of slavery's end and comprises 17 sugar canes rising from the ground surrounding a slave auctioneer's pulpit.

